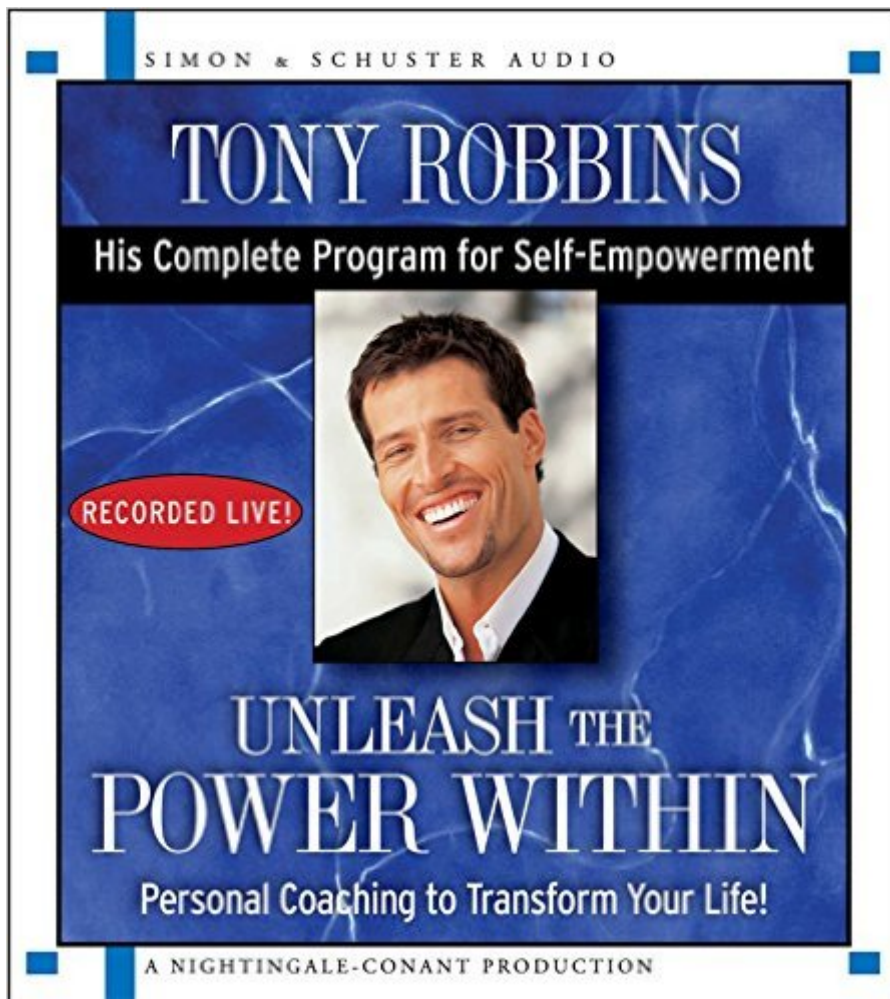


The book was found

Unleash The Power Within: Personal Coaching From Anthony Robbins That Will Transform Your Life!



Synopsis

Multi-million copy bestselling author Anthony Robbins's™ *Unleash the Power Within* is now available as a retail audio CD for the first time. The power was given to you at the moment you were born. Its source is unlimited. And when you seize it, you'll have everything you need to create a life filled with more passion, excitement, confidence, and joy than you've ever dreamed. **Isn't it time to Unleash the Power Within and claim your extraordinary potential? How do you really want to live? What are you most excited about? What are you grateful for? Do you often feel stuck in your life? Are you unable to make changes or break through past beliefs? We often look outside ourselves for these answers. When we do, we give away our power. It's time to find your own answers, uncover your own internal motivations, and set your own rules!** In Anthony Robbins's™ exciting live audio seminar *Unleash the Power Within* you'll discover how to transform your limiting beliefs, adding new meaning and depth to your life. You'll learn to tap into your deepest, most personal resources, to become all that you truly desire and deserve. And when you begin to claim the abundant rewards your future has in store, you'll not only make a remarkable improvement in your life—but consequently, in our world. In *Unleash the Power Within* Tony shows you how to live your life not by hope, not by chance, but by design.

Book Information

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[Growth](#) #312 in [Books > Self-Help > Personal Transformation](#)

Customer Reviews

I am a successful physician- I know I need to be the best I can be for my patients. I have looked at many self improvement techniques- Tony Robbins work is the best I've seen. It is practical and powerful. Be exactly the person you wish you were or know you should be- and be that way right

away. Changes are very fast and apparently permanent if you understand Tony and follow the steps correctly. Fortunately he is easy to understand. This is a CD audio program- 6 CDs which gives you an overview of Tony's approach and some practical tools to make yourself a better and more effective version of yourself. I listen to it on my 45 minute drive to work. Well worth the cheap price.

Ok, I couldn't afford the \$1000 to see Tony at one of his seminars so I found this program. It is recorded live from one of his Unleash the Power Within seminars. It seems to have been recorded when he was a lot younger but the power of the message is just as good. This might be a good alternative to you too if you want the experience of Tony without the huge price tag of his seminar.

Got it, listened to it, learned from it. Love it, recommend it. So go get it for the help, and encouragement

I have had this for less than a month and in that time I have listened to the CDs at least three times each. Why? Because there is so much to absorb and mull over. I started ranking the tracks for value and had to change my system because most of the tracks were getting five stars. For me, it is that good! I listen to a track and then reflect how the information can help me improve my life. What are my self-limiting beliefs? Do my current opinions serve me now? How can I build rapport with people at work with whom I need to have a better working relationship? What are my triggers? The list goes on. While listening to the tracks it is easy to see the behaviors he discusses in my friends and family. It takes more effort to see that I have the same behaviors. And to see how much BETTER my life can be by changing some of my basic beliefs. Anyone who wants to improve their life can benefit from this product, IF you are willing to work at it. Like physical exercise, you will only improve if you make the effort. In this case, much of the effort is fairly easy to accomplish once you understand the process. For \$20 and some mental effort your life can be the life you have always wanted. If you only use this to find a way to be happier with your current life, it is still a bargain! Try it!

I listened to the CDs on my way to and from work. With the first CD, I already felt a change in my attitude and started seeing my life differently. I'm developing strategies for getting what I want and actually looking forward to the future. I loved these so much, I'm listening to them again.

As already stated by others, this was recorded at one of his seminars. CD #3, in my opinion has the meat of what you need to know. A lot of the rest is just fluff and him bragging about himself and

name dropping. I understand he wants to use some examples of people he's helped, but it sounds more like a bragging session most of the time, than something that is helpful. If he is trying to relate to the masses, then he needs to talk about real, everyday people, not all this rich and famous people he deals with. Some of the stories are obviously exaggerated for effect. I can see that he wants to get his audience involved, so he's always telling them, "Say "I" ", which gets a bit annoying if you are listening to it on a CD. Sometimes he asks questions of the audience, you can't hear their response and he doesn't repeat what they say so you have no idea what that particular point/answer is. I do believe this has a lot of merit if you can get past the things I mentioned above. You just have to be willing to sift thru the bragging and the other distractions to relate it to your own personal circumstances.

This is just not the same - there are no new ideas, but rather a weak repeat of his earlier book (which was FANTASTIC !) I liked listening to it because I love Tony Robbins, but I wish I had not spent the money.

Tony Robbins always delivers and this is no exception. I listen to this on the way to work and it really puts me in a good mindset for my day ahead. These discs are especially beneficial if you have any bad habits you are trying to break. I have listened to them multiple times and I always pull something new away from them. Tony is the man!

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